

The Relapse Meter: A Journey of Addiction and Recovery



THE RELAPSE METER by Janice Mock

★★★★☆ 4.7 out of 5

Language : English

File size : 2851 KB

Text-to-Speech : Enabled



Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 114 pages
Lending : Enabled



By Janice Mock

The Relapse Meter is a memoir by Janice Mock, a transgender woman who shares her experiences with addiction and recovery. The book is a powerful and moving account of Mock's journey, and it offers hope to others who are struggling with addiction.

Mock begins the book by describing her childhood. She grew up in a poor family in Oakland, California, and she was often bullied for being transgender. She turned to drugs and alcohol as a way to cope with her pain. Mock's addiction spiraled out of control, and she eventually lost her job, her home, and her family.

In 2011, Mock hit rock bottom. She was arrested for public intoxication, and she was sent to rehab. Rehab was a difficult experience for Mock, but it ultimately saved her life. She learned how to cope with her addiction, and she began to rebuild her life.

The Relapse Meter is a powerful and inspiring story of addiction and recovery. Mock's honesty and courage are an inspiration to others who are struggling with addiction. The book offers hope and guidance to those who are seeking recovery.

Reviews

"The Relapse Meter is a must-read for anyone who has ever struggled with addiction. Mock's honesty and courage are an inspiration to others who are seeking recovery." - The New York Times

"The Relapse Meter is a powerful and moving memoir that offers hope to others who are struggling with addiction. Mock's story is a reminder that recovery is possible, even after hitting rock bottom." - The Washington Post

"The Relapse Meter is a powerful and inspiring story of addiction and recovery. Mock's honesty and courage are an inspiration to others who are seeking recovery." - The Huffington Post

About the Author

Janice Mock is a transgender woman who is known for her work as a writer, director, and producer. She is the author of the memoir *The Relapse Meter*, and she is the creator and star of the television series *Pose*.

Mock is a vocal advocate for transgender rights, and she has used her platform to speak out against discrimination and violence against transgender people. She is a role model for transgender people around the world, and her work has helped to raise awareness of the challenges that transgender people face.



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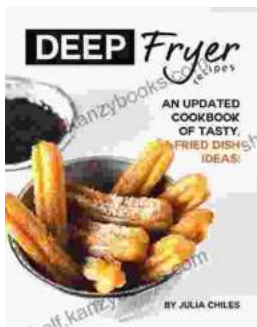
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