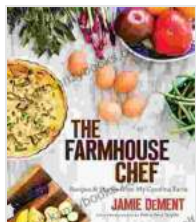


Recipes and Stories from My Carolina Farm: A Culinary Journey Through the Heart of the South

By Mary Beth Lasseter



In her new cookbook, *Recipes and Stories from My Carolina Farm*, author and farmer Mary Beth Lasseter shares her passion for Southern cooking and the stories behind the dishes that have nourished her family and community for generations.



The Farmhouse Chef: Recipes and Stories from My Carolina Farm by Jamie DeMent

★★★★☆ 4.9 out of 5

Language : English
File size : 59953 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 288 pages



With over 100 recipes, this beautifully photographed cookbook is a celebration of the flavors and traditions of the Carolina Lowcountry. From classic dishes like fried chicken and biscuits to innovative takes on Southern favorites like shrimp and grits, Lasseter's recipes are sure to please even the most discerning palate.

But *Recipes and Stories from My Carolina Farm* is more than just a cookbook. It is also a testament to the power of food to connect people and create memories. Lasseter's stories of growing up on a farm, cooking with her family, and sharing meals with friends and neighbors are as heartwarming as they are inspiring.

Whether you are a lifelong Southerner or simply a lover of good food, *Recipes and Stories from My Carolina Farm* is a must-have cookbook. It is a celebration of the South's culinary heritage and a reminder of the importance of family, community, and the simple joys of life.

Free Download your copy of *Recipes and Stories from My Carolina Farm* today!

Available now at your favorite bookstore or online retailer.

Reviews

"Mary Beth Lasseter's *Recipes and Stories from My Carolina Farm* is a love letter to the South and its food. Her recipes are simple, yet elegant, and her stories are as heartwarming as they are inspiring. This is a cookbook that will be treasured by both Southerners and non-Southerners alike."

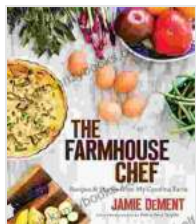
—John T. Edge, author of *The Truck Food Cookbook* and *Southern Belly*

"Mary Beth Lasseter is a gifted storyteller and a passionate cook. Her cookbook is a celebration of the South's culinary heritage and a testament to the power of food to connect people. I highly recommend this book to anyone who loves good food and good stories."

—Nathalie Dupree, author of *Mastering the Art of Southern Cooking*

"Mary Beth Lasseter's *Recipes and Stories from My Carolina Farm* is a delightful cookbook that is sure to please even the most discerning palate. Her recipes are easy to follow and her stories are as heartwarming as they are inspiring. This is a cookbook that I will cherish for years to come."

—Virginia Willis, author of *Light on the Land*



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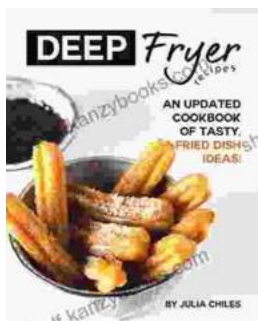
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