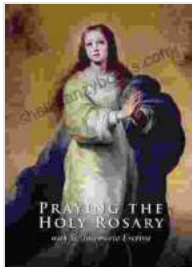


Pray the Holy Rosary with St. Josemaría Escrivá: A Guide to Spiritual Transformation



Praying the Holy Rosary with St. Josemaria Escriva

by Jane Adams

★★★★☆ 4.6 out of 5

Language : English

File size : 11110 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 47 pages



: Embracing the Power of the Holy Rosary

In today's fast-paced and often chaotic world, it's more important than ever to seek moments of peace, reflection, and connection with the divine. The Holy Rosary is a beautiful and ancient Catholic prayer that offers a powerful way to do just that. It is a meditative prayer that helps us to focus on the life of Jesus Christ and to draw closer to God.

Praying the Rosary can be a transformative experience. It can help us to grow in faith, hope, and love. It can also help us to overcome challenges, find peace, and experience God's presence in our lives.

St. Josemaría Escrivá: A Spiritual Guide for Our Time

St. Josemaría Escrivá was a Spanish priest who lived from 1902 to 1975. He was the founder of Opus Dei, a Catholic organization that helps people to live out their faith in everyday life. St. Josemaría Escrivá was a great devotee of the Holy Rosary. He believed that it was a powerful way to grow in holiness and to draw closer to God.

In his book *Praying the Holy Rosary*, St. Josemaría Escrivá shares his insights on how to pray the Rosary effectively. He provides practical advice and inspiring meditations that can help us to make the Rosary a more meaningful and enriching experience.

A Step-by-Step Guide to Praying the Rosary with St. Josemaría Escrivá

If you're new to praying the Rosary, don't worry! It's a simple and easy prayer to learn. Here's a step-by-step guide to help you get started:

1. Begin with the Sign of the Cross

Make the Sign of the Cross and say:

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

2. Say the Apostles' Creed

Next, say the Apostles' Creed:

I believe in God, the Father almighty, creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell; the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God

the Father almighty; from thence he shall come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

3. Pray the Our Father

Now, pray the Our Father:

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

4. Pray the Hail Mary

Next, pray the Hail Mary:

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

5. Pray the Glory Be

Then, pray the Glory Be:

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

6. Announce the First Mystery

Next, announce the first mystery of the Rosary. For example, if you're praying the Joyful Mysteries, you would say:

The first joyful mystery: The Annunciation.

7. Meditate on the Mystery

Take a moment to meditate on the mystery. Consider the events of the mystery and how they relate to your own life. You can also read a brief meditation on the mystery from St. Josemaría Escrivá's book.

8. Pray Ten Hail Marys

While meditating on the mystery, pray ten Hail Marys:

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

9. Pray the Glory Be

After praying the ten Hail Marys, pray the Glory Be:

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

10. Pray the Fatima Prayer

Next, pray the Fatima Prayer:

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those in most need of thy mercy.

11. Repeat Steps 6-10 for the Remaining Mysteries

Repeat steps 6-10 for the remaining three mysteries of the Rosary.

12. Conclude with the Salve Regina

Once you have prayed all four mysteries, conclude the Rosary with the Salve Regina:

Hail, Holy Queen, Mother of Mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

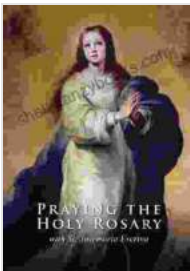
13. Make the Sign of the Cross

Finally, make the Sign of the Cross and say:

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Benefits of Praying the Holy Rosary with St. Josemaría Escrivá

Praying the Holy Rosary with St. Josemaría Escrivá can offer many benefits for your spiritual life. Here are just a



Praying the Holy Rosary with St. Josemaria Escriva

by Jane Adams

★★★★☆ 4.6 out of 5

Language : English

File size : 11110 KB

Text-to-Speech : Enabled

Screen Reader : Supported

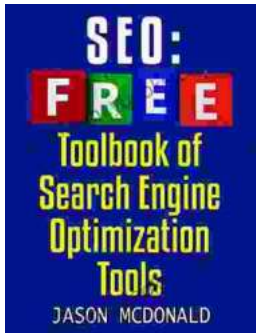
Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 47 pages

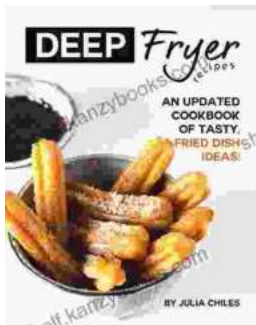
FREE

DOWNLOAD E-BOOK



Unlock the Power of SEO: The Ultimate Almanac of Free Tools, Apps, Plugins, Tutorials, Videos, and Conferences

In today's highly competitive digital landscape, search engine optimization (SEO) has become an indispensable strategy for businesses and individuals...



The Ultimate Guide to Frying: An Updated Cookbook of Tasty Fried Dish Ideas

Are you ready to embark on a culinary adventure that will tantalize your taste buds and leave you craving more? Our updated cookbook, An...