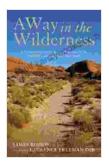
# Commentary on the Rule of Benedict for the Physically and Spiritually Imprisoned

Commentary on the Rule of Benedict for the Physically and Spiritually Imprisoned is a groundbreaking new book that offers a unique perspective on the Rule of Benedict, one of the most influential spiritual texts in Western history.

Authored by Dr. Christine Schenk, a leading expert on spirituality and imprisonment, this commentary provides a rich and accessible interpretation of the Rule that is specifically tailored to the needs of those who are physically or spiritually imprisoned.

The book draws on Dr. Schenk's decades of experience working with prisoners and her deep understanding of the challenges and opportunities that imprisonment presents. She offers a compassionate and insightful guide to the Rule, showing how its timeless wisdom can be applied to the unique challenges of life behind bars.



### A Way in the Wilderness: A Commentary on the Rule of Benedict For The Physically And Spiritually Imprisoned

by James Bishop

* * * * * 4	.5 out of 5
Language	: English
File size	: 567 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesett	ing : Enabled
Word Wise	: Enabled
Print length	: 249 pages



Commentary on the Rule of Benedict for the Physically and Spiritually Imprisoned is divided into three parts:

- Part One provides an overview of the Rule of Benedict and its history.
  Dr. Schenk explores the Rule's origins in the life of Saint Benedict and its relevance to contemporary society.
- Part Two offers a detailed commentary on each chapter of the Rule.
  Dr. Schenk draws on a variety of sources, including scripture, the writings of the Church Fathers, and the experiences of prisoners, to provide a rich and nuanced understanding of the Rule's teachings.
- Part Three explores the practical implications of the Rule for those who are physically or spiritually imprisoned. Dr. Schenk offers concrete suggestions for how to apply the Rule's principles to daily life, including how to cultivate a sense of community, find hope in the midst of suffering, and experience the transformative power of love.

Throughout the commentary, Dr. Schenk emphasizes the importance of community and relationships. She shows how the Rule of Benedict can be used to create a sense of belonging and support for those who are isolated and alone. She also explores the role of forgiveness and reconciliation in the healing process.

Commentary on the Rule of Benedict for the Physically and Spiritually Imprisoned is a valuable resource for anyone who is interested in spirituality and imprisonment. It is a book that offers hope, healing, and transformation to all who seek it.

#### About the Author

Dr. Christine Schenk is a leading expert on spirituality and imprisonment. She is the founder and director of the Center for Spirituality and Prison Initiatives at Seattle University, and she has worked with prisoners for over 30 years. Dr. Schenk is the author of numerous books and articles on spirituality and imprisonment, including The Prison Experience: A Reader for the Church and Listening to the Voices of the Incarcerated: A Practical Theology of Pastoral Care.

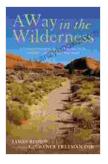
#### Endorsements

"Commentary on the Rule of Benedict for the Physically and Spiritually Imprisoned is a must-read for anyone who is interested in spirituality and imprisonment. Dr. Schenk's insights are invaluable, and her passion for the incarcerated is evident on every page."

-Sister Helen Prejean, author of *Dead Man Walking:* The Eyewitness Account of the Death Penalty in the United States

"Dr. Schenk has written a profound and moving commentary on the Rule of Benedict. This book is a gift to all who seek to live a life of faith and hope in the midst of suffering."

-The Most Reverend Desmond Tutu, Nobel Peace Prize laureate



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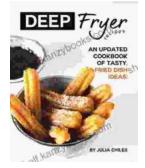
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