

Am Jean Klein: A Journey of Self-Discovery and Spiritual Awakening

Am Jean Klein was a renowned spiritual teacher and author who dedicated his life to helping others find their true selves and experience the profound joy and peace that comes from within.



I Am by Jean Klein

★★★★☆ 4.6 out of 5

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Screen Reader	: Supported
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Born in France in 1921, Klein began his spiritual journey at a young age. He was drawn to Eastern philosophy and meditation, and he spent many years studying and practicing with different teachers.

In 1953, Klein had a profound spiritual experience that transformed his life. He realized that the true self is not the ego, but rather the pure consciousness that underlies all of creation.

After this experience, Klein dedicated his life to sharing his insights with others. He wrote several books, including "The Book of Joy," "The Power of Presence," and "The Art of Meditation."

Klein also founded the Tamera Peace Research Village in Portugal, a community dedicated to promoting peace and sustainability.

Klein's teachings have had a profound impact on countless people around the world. He has been praised by spiritual leaders such as the Dalai Lama and Thich Nhat Hanh.

Here are some of Klein's most famous quotes:

- "The true self is not the ego, but rather the pure consciousness that underlies all of creation."
- "The greatest obstacle to self-discovery is the ego."
- "Meditation is the key to unlocking the door to your true self."
- "Love and compassion are the most powerful forces in the universe."
- "The only way to find true peace is to let go of the illusion of control."

Klein passed away in 1998, but his legacy continues to inspire people around the world. His teachings offer a profound path to self-discovery, spiritual awakening, and inner peace.

Recommended Reading

- The Book of Joy by Am Jean Klein and Matthieu Ricard
- The Power of Presence by Am Jean Klein
- The Art of Meditation by Am Jean Klein

Further Resources

- The Tamera Peace Research Village

- The Jean Klein Foundation



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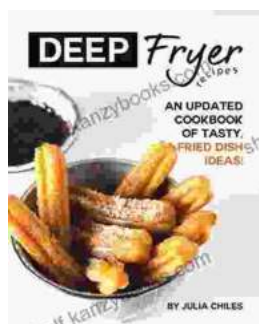
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