40 Best Oatmeal Recipes: Raise a Toast to the Oats on National Oatmeal Day

Oatmeal is a hearty, nutritious, and versatile breakfast staple that can be enjoyed in countless ways. Whether you prefer it classic or creative, there's an oatmeal recipe out there for everyone to enjoy. To celebrate National Oatmeal Day, we've compiled a list of our 40 favorite oatmeal recipes. From classic to creative, there's sure to be a recipe here that will make you want to raise a toast to the oats.

- 1. **Old-Fashioned Oatmeal:** The classic oatmeal recipe that is simple and delicious. Made with rolled oats, water or milk, and a pinch of salt, this oatmeal is a blank canvas for your favorite toppings.
- 2. **Steel-Cut Oatmeal:** Steel-cut oats are chewier and nuttier than rolled oats, making them a great choice for a hearty breakfast. Cook them in water or milk with a pinch of salt for a simple and satisfying meal.
- 3. Quick-Cooking Oatmeal: Quick-cooking oats are the quickest way to make oatmeal, making them a great option for busy mornings. Cook them in water or milk with a pinch of salt for a quick and easy breakfast.
- 4. **Instant Oatmeal:** Instant oatmeal is the most convenient way to make oatmeal, making it a great option for those on the go. Simply add hot water or milk and stir.
- 5. **Apple Cinnamon Oatmeal:** A classic oatmeal recipe with a sweet twist. Made with rolled oats, water or milk, a pinch of salt, diced apples,

and ground cinnamon, this oatmeal is a warm and comforting breakfast.

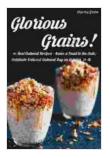
- 6. Banana Nut Oatmeal: Another classic oatmeal recipe with a sweet and nutty twist. Made with rolled oats, water or milk, a pinch of salt, sliced bananas, and chopped nuts, this oatmeal is a satisfying and nutritious breakfast.
- 7. **Blueberry Oatmeal:** A classic oatmeal recipe with a sweet and fruity twist. Made with rolled oats, water or milk, a pinch of salt, and fresh or frozen blueberries, this oatmeal is a refreshing and healthy breakfast.
- 8. Chocolate Oatmeal: A classic oatmeal recipe with a decadent twist. Made with rolled oats, water or milk, a pinch of salt, and unsweetened cocoa powder, this oatmeal is a rich and satisfying breakfast.
- Oatmeal with Fruit and Yogurt: A healthy oatmeal recipe that is packed with nutrients. Made with rolled oats, water or milk, a pinch of salt, fresh or frozen fruit, and plain Greek yogurt, this oatmeal is a delicious and nutritious breakfast.
- 10. **Oatmeal with Nuts and Seeds:** A healthy oatmeal recipe that is packed with protein and fiber. Made with rolled oats, water or milk, a pinch of salt, chopped nuts, and seeds, this oatmeal is a filling and nutritious breakfast.
- 11. **Oatmeal with Quinoa:** A healthy oatmeal recipe that is packed with protein and fiber. Made with rolled oats, quinoa, water or milk, a pinch of salt, and your favorite toppings, this oatmeal is a hearty and nutritious breakfast.

- 12. **Oatmeal with Chia Seeds:** A healthy oatmeal recipe that is packed with fiber and omega-3 fatty acids. Made with rolled oats, water or milk, a pinch of salt, and chia seeds, this oatmeal is a filling and nutritious breakfast.
- 13. **Microwave Oatmeal:** An easy oatmeal recipe that can be made in the microwave in minutes. Made with rolled oats, water or milk, and a pinch of salt, this oatmeal is a quick and easy breakfast.
- 14. **Overnight Oatmeal:** An easy oatmeal recipe that can be made the night before. Made with rolled oats, water or milk, a pinch of salt, and your favorite toppings, this oatmeal is a convenient and delicious breakfast.
- 15. Slow Cooker Oatmeal: An easy oatmeal recipe that can be made in the slow cooker overnight. Made with rolled oats, water or milk, a pinch of salt, and your favorite toppings, this oatmeal is a warm and comforting breakfast.
- 16. **Savory Oatmeal:** A creative oatmeal recipe that is made with savory ingredients. Made with rolled oats, water or milk, a pinch of salt, and your favorite savory toppings, this oatmeal is a hearty and satisfying breakfast.
- 17. **Oatmeal Pancakes:** A creative oatmeal recipe that is made with oatmeal. Made with rolled oats, water or milk, a pinch of salt, and your favorite pancake toppings, these pancakes are a delicious and nutritious breakfast.
- 18. **Oatmeal Muffins:** A creative oatmeal recipe that is made with oatmeal. Made with rolled oats, water or milk, a pinch of salt, and your

favorite muffin toppings, these muffins are a delicious and portable breakfast.

19. **Oatmeal Cookies:** A creative oatmeal recipe that is made with oatmeal. Made with rolled oats, water or milk, a pinch of salt, and your favorite cookie toppings, these cookies are a delicious and satisfying snack.

20. **Oatmeal with Peanut



Glorious Grains!: 40 Best Oatmeal Recipes - Raise a Toast to the Oats; Celebrate National Oatmeal Day on

October 29th by Martha Stone

🚖 🚖 🚖 🌟 4 out of 5	
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